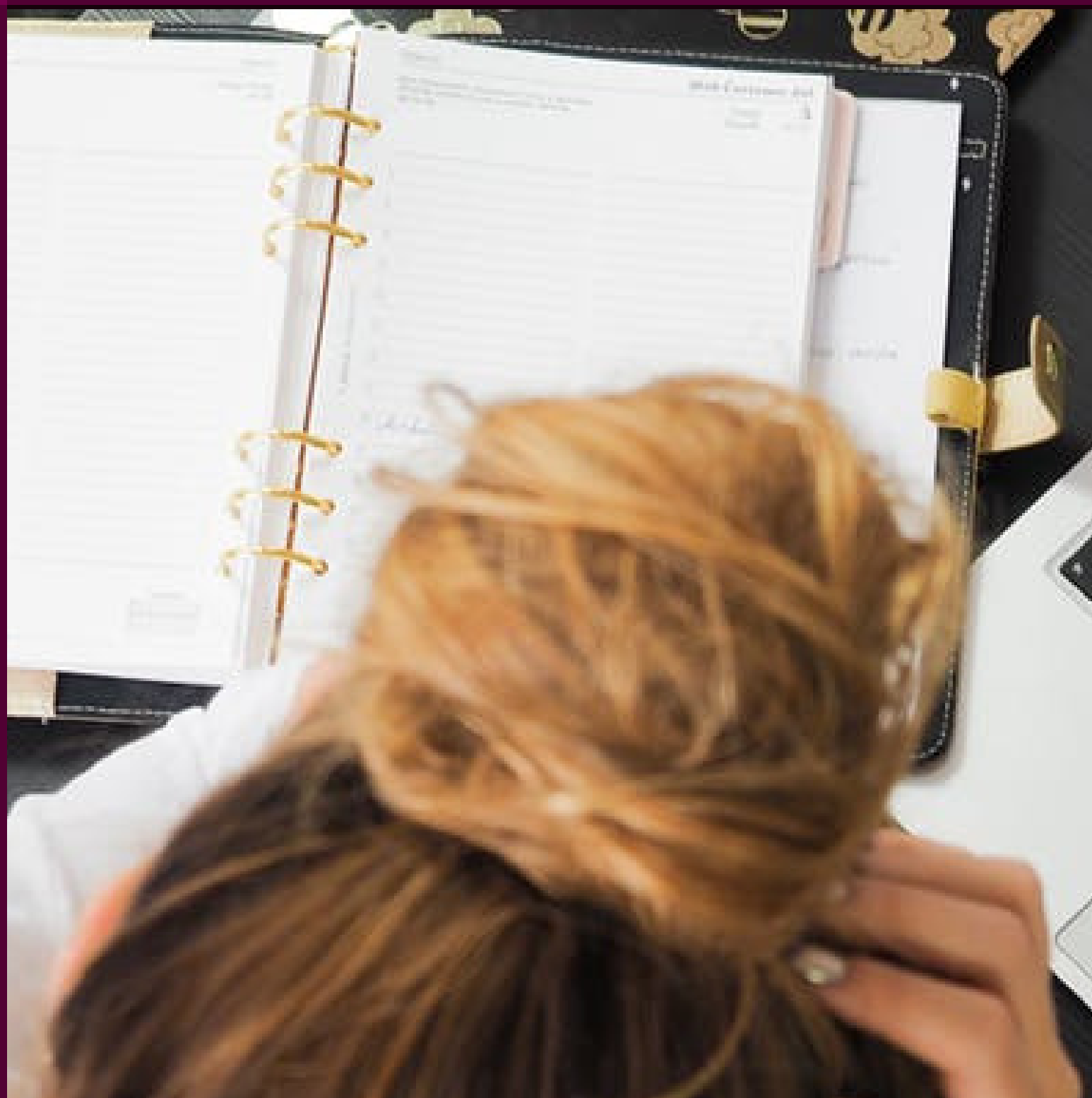


A GREAT FOUNDATIONAL WORKBOOK COMPANION  
FOR THE NO-COST, SELF-BELIEF AND GOALS  
ASSESSMENTS

# HOW TO STOP FEELING NOT GOOD ENOUGH AT WORK



A DEFINITIVE AND COMPREHENSIVE GUIDE IN SETTING  
THE FOUNDATION FOR IDENTIFYING THE LIMITING  
BELIEFS THAT THREATEN YOUR WORK RELATIONSHIPS  
AND SETTING THE GOALS TO STRENGTHEN THEM

**BY TERRY WESTFAHL**